

Sarah Elfreth

CONGRESSWOMAN FOR MARYLAND'S THIRD DISTRICT

Sarah Elfreth proudly represents Maryland's Anne Arundel, Howard, and Carroll Counties in Congress, where she serves on the powerful House Armed Services Committee and House Natural Resources Committee. Sarah is the youngest woman elected to Congress from Maryland and has built a reputation as one of the state's most effective legislators during her six years serving in the Maryland Senate and now in Washington. Known for her collaborative approach, Sarah is focused on bringing people together to solve problems and deliver policies that improve the lives of all Marylanders.